

# BRAIN BRIEF PROFILE

For James Sample (#3)

Date: Sample

Your brain's preferences  
(not necessarily your behavior)  
in focus, decisions, and drive

## Focus:

your brain has a slight preference for perceiving emotions (vs. rational data).

Rational

Focus

Emotional

## Decisions:

your brain prefers careful evaluation (vs. risktaking).

Evaluative

Decisions

Innovative

## Drive:

your brain prefers considering long terms goals (vs. pushing for practical actions).

Practical

Drive

Idealistic

Profile: The Sage.

The "Sage's Brain" focuses on emotion first. These brains prefer to evaluate carefully; are you giving your brain what it needs to decide? This Brain Style is motivated by the long-term; do you "feed" your brain with enough vision? The Sage's Brain loves contemplation, carefully thinking about people, emotions, and the future (but not necessarily taking action). Do you recognize yourself? If not, probably you are not using all your brain's strengths...

See *The Brain Brief Interpretation Guide* for more. <http://6sec.org/bbigint>

Asset: Decision Making

Your EQ Brain Style helps you choose a direction that's viable and effective.

Asset #2: Balance

Your Brain Style is helping you prioritize, manage stress and be fully present.

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For more on the Brain Brief and next steps, contact your provider at the email above, and visit [www.6seconds.org/brain](http://www.6seconds.org/brain) for free resources.